



diners to new heights. After all, his Lima restaurant, Central, which has been on the World's 50 Best list since 2013, is renowned for its Mater Elevations menu, by the various altitudes in Peru at which that features equally otherworldly ingreits ingredients were sourced. For his new restaurant, Mil, which opened last year, the 41-year-old chef is at it again, but this

Virgilio Martínez has always taken | them there-by focusing on the peaks of the Andes.

Mil, which is located at 11,500 feet in the Sacred Valley, near Incan ruins that resemble the remnants of a UFO landing, offers in which each of the 16 courses is defined | a lunch-only, eight-course tasting menu dient combinations. Cushuro algae appears with duck, black quinoa, and sachatomate (tree tomato) in a dish called Extreme time he's elevating things—and keeping Altitude. Fresh chaco clay is served with potatoes and wild chincho herb in an ode to the Central Andes. Muña (wild mint) pairs with tumbo fruit and huacatay (black mint) in the Frozen Cordillera dessert.

"Whoever is trying our food is going out of their comfort zone," Martínez says. "We don't think that everything has to be delicious. We are more in love with the story behind the ingredients. You are eating emotions. You are eating traditions. That makes food more delicious."

While many of Mil's ingredientsfreeze-dried potato chuño, black maca root, coca leaf-also appear on the menus at Central and Kjolle (the Lima restaurant Martínez's wife, Pia León, opened last August), the chef says there's a difference when they're eaten close to the source. "When we bring things to the coast," he explains, "elements change, and we must use techniques to preserve their value."

In other words, the only way to go is up.

